



creating hardiness zones
for girls and women
in maine and beyond

Resources for Girls in Piscataquis County

Existing resources that already support girls:

(Gemma is working on compiling a more complete and formal directory, which will include contact information.)

- Womancare (Dover-Foxcroft)
 - School based education
 - Glitter Girls – SAD 4 grades 7 & 8 (Guilford)
 - Conflict resolution
 - Teen dating violence education
 - Harmony Camp
 - Advises Civil Rights Teams
 - Work with youth at Mt View Correctional Facility in Charleston
 - “Hands are not for hitting” program
 - White Ribbon Campaign
- Penquis (Dover-Foxcroft/Bangor)
 - Heating assistance
 - Family planning
 - Dispute resolution center
 - Homeless outreach – 1:1 work with kids in danger of running away, couch surfing
 - Back on Track – 1:1 conflict coaching for suspended and at-risk youth. Set up supports and mediation
 - Youth Ideas and Partners
 - Young Entrepreneurs Society – after school program
 - Summer YES – team building, healthy choices
- Community Health & Counseling Services (Dover-Foxcroft)
 - Mental health with children and families
 - Parent education
 - 24 hr crisis phone services
 - FNP, psychiatrists for med management
 - In home support
 - Targeted case management
- Cooperative Extension, University of Maine
 - Youth Development (4-H): project based clubs, after school programs
 - Nutrition education: Groups and 1:1, in school and out
- D.A.R.E. – 7th & 8th grade
- Girl Scouts
 - Teaching girls leadership and skills to take action
 - Life skills
 - After school programs in Milo for all girls (not exclusively scouts)
 - Summer camps
- Piscataquis Public Health Council (Greater Dover/Greenville area)



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- Healthy Maine Partnership
 - Funded by tobacco settlement \$ and community business
- Rape Response Services (shares various office spaces in the county)
 - K-College school based programs/education
 - Gender stereotypes
 - Media literacy
 - Teen dating violence
 - Hotlines
 - Face to face meetings
 - Parent groups
 - Training for Civil Rights Teams
 - MySpace profile and networking
- Civil Rights Teams
- Life Jackets
 - After school program for 12-15 yr olds
 - Led in part by high school mentors
 - Builds social skills and encourages making better choices and positive community participation
 - Respect self, others and property
 - 3.5 hrs once per week with homework
 - Experiential based activities including 6-day canoe expedition
- School Councils
 - Act as conduits for programming and student engagement
- Pine Tree Hospice
- Project Linus
- Maine Youth Suicide Prevention
 - Gate Keeper Training (through Community Health & Counseling)
- Key Club
- KAWANIS
- YMCA (Dover-Foxcroft)
- Libraries (Dover-Foxcroft and Guilford)

